



Valentine's Knit Cowl

©2020 Handmade by Stacy J

Materials:

Yarn: 1- Hayfield Bonus DK 100g skein "Pink"
Size 6 (4mm) 24" Circular Knitting Needles
5 Stitch Markers
Tapestry Needle

Size: 30" x 13.5" / **Gauge:** 20 sts across x 25 rows in stockinette stitch;
Hearts measure 3.5" x 3"

Difficulty Level: Easy

Stitches / Techniques Used:

k: Knit
p: Purl
Knit in the round

Notes: Can be made larger or smaller by adding or subtracting in increments of 27. However, adjusting will throw off your purl accent row stitch placements and will need to be adjusted.

Stitch count is the same throughout project - 135 sts

Stitch marker indicating where the join is remains in the project throughout; do not remove this marker until binding off.

The symbol ○ is at the beginning of each row so that you can check them off as you go along.

Instructions:

Cast on 135; Join in the round careful not to twist stitches

Setup Rows:

- Row 1: Purl (135 stitches)
- Row 2: Knit
- Row 3: Purl
- Row 4: Knit
- Row 5: Purl
- ○ ○ Rows 6-8: knit

Hearts: Insert stitch markers between repeats

- Row 9: *k13, p1, k13; rep * 4 more times
- Row 10: *k12, p3, k12; rep * 4 more times
- Row 11: *k11, p5, k11; rep * 4 more times
- Row 12: *k10, p7, k10, p7; rep * 4 more times
- Row 13: *k9, p9, k9; rep * 4 more times
- Row 14: *k8, p11, k8; rep * 4 more times
- Row 15: *k7, p13, k7; rep * 4 more times
- Row 16: *k6, p15, k6; rep * 4 more times
- Row 17: *k5, p17, k5; rep * 4 more times
- Row 18: As Row 17
- Row 19: As Row 17
- Row 20: *k5, p8, k1, p8, k5; rep * 4 more times
- Row 21: As Row 20
- Row 22: *k5, p7, k3, p7, k5; rep * 4 more times
- Row 23: *k6, p6, k3, p6, k6; rep * 4 more times
- Row 24: *k6, p5, k5, p5, k6; rep * 4 more times
- Row 25: *k7, p3, k7, p3, k7; rep * 4 more times
- Row 26: *k7, p2, k9, p2, k7; rep * 4 more times



- Row 27: knit; remove stitch markers between repeats
- Row 28: knit

Purl accents

- Row 29: *k4, p1; rep * around
- Row 30: k2, *p1, k4; rep * around until 2 sts remain, k2
- Row 31: *p1, k4; rep * around
- ○ Rows 32 - 33: knit

Hearts Part 2: Place stitch markers between the repeats

- Row 34: p1, k13, *k13, p, k13; rep * 3 more times, k13
- Row 35: p2, k12, *k12, p3, k12; rep * 3 more times, k12, p1
- Row 36: p3, k11, *k11 p5, k11; rep * 3 more times, k11, p2
- Row 37: p4, k10, *k10, p7, k10; rep * 3 more times, k10, p3
- Row 38: p5, k9, *k9, p9, k9, ; rep * 3 more times, k9, p4
- Row 39: p6, k8, *k8, p11, k8; rep * 3 more times, k8, p5
- Row 40: p7, k7, *k7, p13, k7; rep * 3 more times, k7, p6
- Row 41: p8, k6, *k6, p15, k6; rep * 3 more times, k6, p7
- Row 42: p9, k5, *k5, p17, k5; rep * 3 more times, k5, p8
- Row 43: As Row 42
- Row 44: As Row 42
- Row 45: k1, p8, k5, *k5, p8, k, p8, k5; rep * 3 more times, k5, p8
- Row 46: As Row 45
- Row 47: k2, p7, k5, *k5, p7, k3, p7, k5; rep * 3 more times, k5, p7, k1
- Row 48: k2, p6, k6, *k6, p6, k3, p6, k6; rep * 3 more times, k6, p6, k1
- Row 49: k3, p5, k6, *k6 p5, k5, p5, k6; rep * 3 more times, k6, p5, k2
- Row 50: k4, p3, k7, *k7, p3, k7, p3, k7; rep * 3 more times, k7, p3, k3
- Row 51: k5, p2, k7, *k7, p2, k9, p2, k7; rep * 3 more times, k7, p2, k4
- Row 52: knit, removing stitch markers between repeats
- ○ Rows 53-54: knit

Purl accents

- Row 55: *k4, p1; rep * around
- Row 56: k2, *p1, k4; rep * around until 2 sts remain, k2

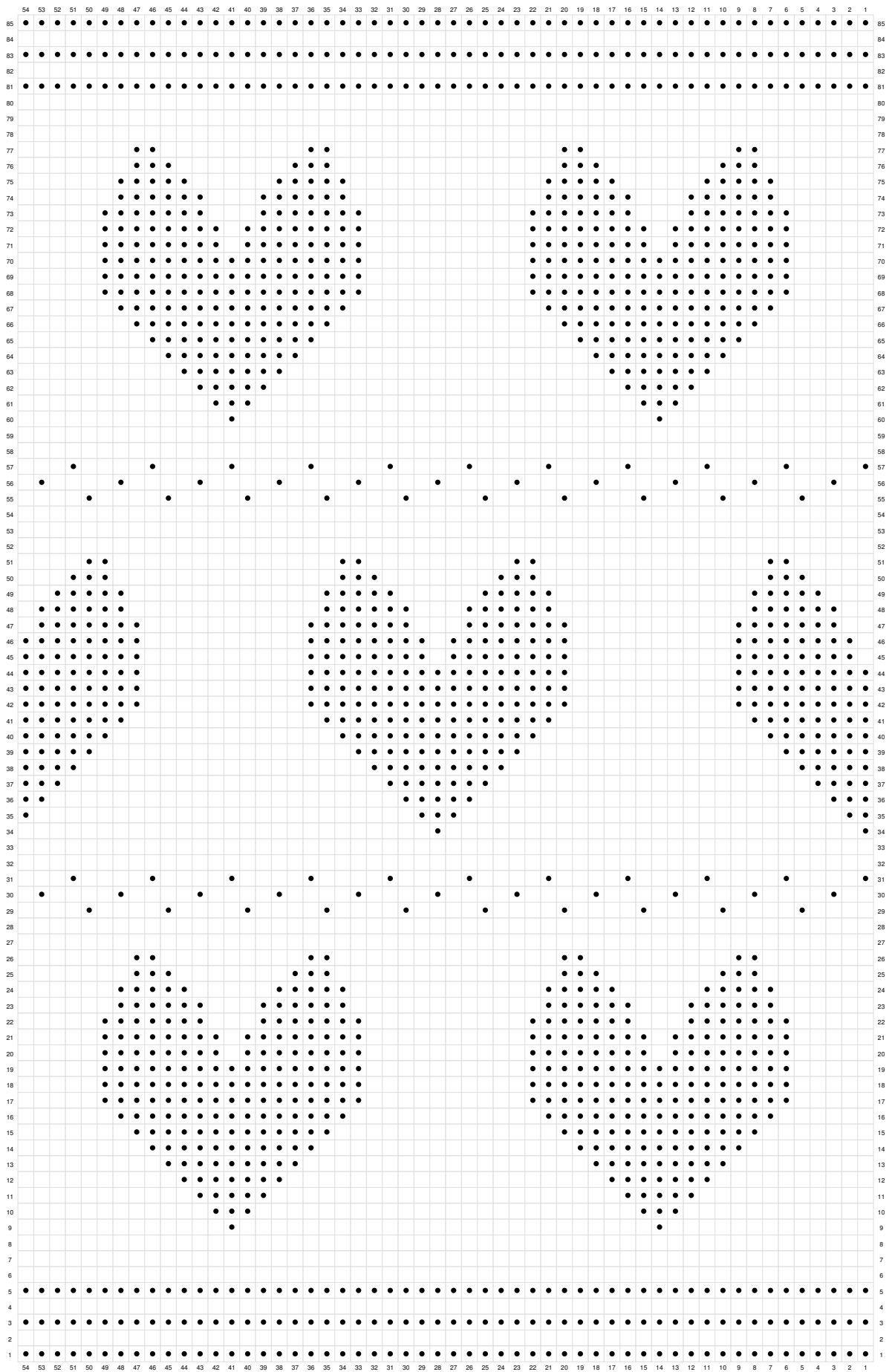
- Row 57: *p1, k4; rep * around
- ○ Rows 58-59: knit

Hearts Part 3: Insert stitch markers between repeats

- Row 60: *k13, p1, k13; rep * 4 more times
- Row 61: *k12, p3, k12; rep * 4 more times
- Row 62: *k11, p5, k11; rep * 4 more times
- Row 63: *k10, p7, k10, p7; rep * 4 more times
- Row 64: *k9, p9, k9; rep * 4 more times
- Row 65: *k8, p11, k8; rep * 4 more times
- Row 66: *k7, p13, k7; rep * 4 more times
- Row 67: *k6, p15, k6; rep * 4 more times
- Row 68: *k5, p17, k5; rep * 4 more times
- Row 69: As Row 68
- Row 70: As Row 68
- Row 71: *k5, p8, k1, p8, k5; rep * 4 more times
- Row 72: As Row 71
- Row 73: *k5, p7, k3, p7, k5; rep * 4 more times
- Row 74: *k6, p6, k3, p6, k6; rep * 4 more times
- Row 75: *k6, p5, k5, p5, k6; rep * 4 more times
- Row 76: *k7, p3, k7, p3, k7; rep * 4 more times
- Row 77: *k7, p2, k9, p2, k7; rep * 4 more times
- Row 78: knit; remove stitch markers between repeats
- ○ Rows 79 - 80: knit
- Row 81: Purl
- Row 82: Knit
- ○ Rows 83-84: Repeat rows 81-82 once more
- Row 85: Purl

Bind off purlwise, weave in ends
and enjoy!!





Knit
 Purl